



**BE A  
PRACTICE MONSTER!  
Month of \_\_\_\_\_**

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Teacher Signature

Practice DOESN'T make perfect. **Practice brings progress!** Be a Practice Monster!!  
Talk with your parents and teacher to set a goal that works for you.

**Set your practice goal here:**

**Number of Days\_\_\_\_\_Minutes\_\_\_\_\_**  
(We recommend a minimum of 10 minutes 4-5 times a week)

At the end of each month, email a photo of you holding your practice chart to [info@mobilemusicphilly.com](mailto:info@mobilemusicphilly.com) and/or post your success on Instagram and tag us: @mobilemusicphilly

Each Month, participating Musicians will be entered to be the *Practice Monster of the Month!*  
All participants will receive a participation award, and best of all rock out with their music!

**The Practice Monster of the Month** will receive a Musical Prize, a free lesson with Adam Haines, the Founder of Mobile Music, and be celebrated by the entire studio on our Social Media and in a studio Email Blast!



**Hi! I'm Henry!** I'm the Mobile Music Practice Monster!  
I LOVE to make music, and I LOVE when students practice!  
Below are some of my favorite practice tips to help you have  
FUN while practicing!

**Rhythm Rock Out:** Pick your right or left hand and practice clapping and counting the rhythm of your piece. Then choose the other hand and do the same. For pianists, try to challenge yourself, tap the rhythm of both hands! If the number counting is too complicated, try using the syllable "Do".

**Easy As ABC 123:** Pick you right or left hand, and practice saying the ABC names, or finger numbers. Then choose the other hand, and do the same.

**Tick-Tock :** Play your piece and count out loud. BONUS: Add a metronome!

**Sing Your Heart Out:** If your song has words to it, sing them while playing. If there are no words, try singing the melody on the syllable "LA". If two hands are too challenging, just play the melody (usually the highest right hand notes). After you sing with one hand successfully, play with both hands.

**Rhythm Mash Up (for advanced students):** Try swinging the eighth notes of your piece. Ask your teacher to demonstrate this to you.